

Medication Abortion Reactions Normal vs Not Normal Chart

☐ Normal

These are expected — you're okay

Heavy bleeding with clots — first several hours

Intense cramping that gradually gets better

Diarrhea the day you take misoprostol

Chills and shivering that same day

Low fever under 100.4°F — day of misoprostol only

Sore tongue if you used mouth method

Light spotting on and off — up to 4 weeks

Feeling tired and emotional for several days

Positive pregnancy test — up to 5 weeks after

☐ Get help — go to ER

Any one of these — go. Don't wait.

Soaking 2 full pads/hour for 2 hours in a row

Clots bigger than a lemon — more than 2 hours

Severe belly pain not improving after several hours

Fever 100.4°F+ — or any fever lasting 24+ hours

Discharge that smells bad or looks yellow/green

Still clearly feeling pregnant 1 week after pills

Fainting

At the ER: You can say "I am having a miscarriage." That is medically accurate. You will get the same care.

Not sure if you need the ER? Call M+A Hotline first: 833-246-2632 — free, confidential, clinicians available.