

“You Can Do This” Doctors Without Borders & Planned Parenthood Videos

DOCTORS WITHOUT BORDERS (DWB) — Self-Managed Abortion Series

DWB Episode 1 — Am I Pregnant?

<https://www.youtube.com/watch?v=wTszSRslWBs>

DWB Episode 2 — How Many Weeks is my Pregnancy?

<https://www.youtube.com/watch?v=b8GNCOzw7iM>

DWB Episode 3 — How Does an Abortion with Pills Work?

<https://www.youtube.com/watch?v=rOnB5Pd-c>

https://www.youtube.com/watch?v=_rOnB5Pd_-c

DWB Episode 4 — Abortions with Mifepristone and Misoprostol

<https://www.youtube.com/watch?v=LGuq3eA8r68>

DWB Episode 5 — Abortions with Misoprostol Alone

<https://www.youtube.com/watch?v=pB3JsJiz82E>

DWB Episode 6 — What to Expect After Taking Abortion Pills

<https://www.youtube.com/watch?v=AyZgY7zbCBM&t=22s>

DWB Episode 7 — Signs of Complications During an Abortion with Pills

<https://www.youtube.com/watch?v=FPGbYEVaMgo>

DWB Episode 8 — Recovery After a Medical Abortion with Pills

<https://www.youtube.com/watch?v=GIPJd-m9f64>

Full DWB channel: <https://www.youtube.com/@doctorswithoutborders>

PLANNED PARENTHOOD (PP) — Medication Abortion Series

PP1 — Abortion Pills Overview

<https://www.youtube.com/watch?v=ONZRlo8EMkc>

PP2 — The Abortion Pill (general)

<https://www.youtube.com/watch?v=vehnqGqStlc>

PP3 — How to Take Abortion Pills

<https://www.youtube.com/watch?v=PIbRUxoKpwA>

PP4 — What to Expect After Taking Abortion Pills

<https://www.youtube.com/watch?v=E-DTfTV17cw&t=16s>

PP5 — Misoprostol-Only Abortion

<https://www.plannedparenthood.org/planned-parenthood-northern-california/get-care/miso-only-mab> (If the link doesn't open directly, copy or type the URL into your browser.)

Full PP channel: <https://www.youtube.com/user/plannedparenthood/videos>