MEDICAL SOURCES

UNDER REVIEW — PROVISIONAL VERSION

Your Medication Abortion Companion (YMAC) uses established medical and reproductive-health resources in developing its educational materials. This provisional document identifies principal sources used in the current version of **You Can Do This** and its preparation materials.

PLANNED PARENTHOOD

Patient information about medication abortion, including the use of mifepristone and misoprostol and misoprostol alone; expected bleeding and cramping; timing; passage of the pregnancy; warning signs; and follow-up.

REPRODUCTIVE HEALTH ACCESS PROJECT (RHAP)

Protocol for Medication Abortion Using Mifepristone and Misoprostol

Protocol for Medication Abortion Using Misoprostol Only

These clinical protocols are principal sources for YMAC's current information about medication use, expected bleeding and cramping, duration, warning signs and follow-up. RHAP's current protocols specifically cover both the combined and misoprostol-only regimens.

DOCTORS WITHOUT BORDERS / MÉDECINS SANS FRONTIÈRES

Medication-abortion educational materials used as part of YMAC's broader practical guidance about the medications, the abortion process, what to expect and when to seek help.

ADDITIONAL SOURCES

Published medical literature and guidance from other established reproductive-health organizations have also been consulted where additional evidence or clarification was needed.

Citing these organizations and materials does not mean that they have reviewed or endorsed YMAC or its materials.

STATUS OF THIS DOCUMENT

This Sources document is provisional and under review. A more complete version will provide specific citations and links supporting key medical statements and will be updated as YMAC's materials are reviewed and refined.

YMAC provides educational information and preparation resources. It does not replace individualized medical advice or care from a qualified healthcare professional.